

# Whack-Ups!



**Grade:** 3-4

**Boomwhackers®:** C, E, F, G, A, B, C', D'

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### Teaching Tips:

“Whack-Ups!” are warm-ups to help prepare for chord changes. They are great for just warmin’ up, too! Begin by teaching the words then add body percussion. Use pats and claps. The “Whack-Ups!” exercises on page 25 may be reproduced for classroom use if you would like the students to practice reading rhythms.

Use colored cards to signal which chord should be played. These cards can include only the roman numeral chord name, but may also include the note name of each chord member and/or colored dots which correspond to the Boomwhackers® that should played with each chord.

I	IV	V
G (teal)	C' (red)	D' (orange)
E (yellow)	A (violet)	B (pink)
C (red)	F (lime)	G (teal)

Begin with chords I and V, then add IV.

All five of the “Whack-Ups!” can be effectively accompanied with any of the six CD tracks. See CD Points and Pointers on page 6 for track information.

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### Expand It!

Create Your Own “Whack-Ups!” Invite students to the board to write a rhythm for the class or create new words for the existing rhythms.

Let students take turns using the colored cards to signal chord changes. It’s a great way to begin a mini theory lesson on tonic and dominant.

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