

duration ca. 4:00

No Pain, No Gain

by Lennie Niehaus

FULL SCORE

MODERATE SWING TEMPO ♩ = CA. 152 (+ or -)

1st Eb Alto Sax

2nd Eb Alto Sax

1st Bb Tenor Sax

2nd Bb Tenor Sax

Eb Baritone Sax

1st Bb Trumpet

2nd Bb Trumpet

3rd Bb Trumpet

4th Bb Trumpet

1st Trombone

2nd Trombone

3rd Trombone

4th Trombone

Guitar

Piano

Bass

Drums

61544

1

2

3

4

5

6

CHORDS CUED ON PART

NC.

NC.

NC.

BRASS

F6

Ab9

Dbma9

Gm17(b5)

C+7(#9)

Gm17(b5)

C+7(#9)

No Pain, No Gain - 2

9 SOLI - UNIS.

1st Eb Alto Sax

Eb Alto Sax

1st Bb Tenor Sax

2nd Bb Tenor Sax

Eb Baritone Sax

1st Bb Trumpet

2nd Bb Trumpet

3rd Bb Trumpet

4th Bb Trumpet

1st Trombone

2nd Trombone

3rd Trombone

4th Trombone

Guitar

Piano

Bass

Drums

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7 8 9 10 11 12 13

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SOLO

mf

PLAY END X ONLY

FMA⁹ Ami⁷ Bbm⁷ Eb⁹ FMA⁷ Ami⁷ Bbm⁷ Eb⁹ Abma⁷

Gm⁷(b9)

61544

7 8 9 10 11 12 13

18 ✂

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No Pain, No Gain - 4

1st Eb Alto Sax

Eb Alto Sax

1st Bb Tenor Sax

2nd Bb Tenor Sax

Eb Baritone Sax

1st Bb Trumpet

2nd Bb Trumpet

3rd Bb Trumpet

4th Bb Trumpet

1st Trombone

2nd Trombone

3rd Trombone

4th Trombone

Guitar

Piano

Bass

Drums

61544

20

21

22

23

24

25

Chord progression for Guitar and Piano:

- Gm17 C9 Fm17 Gm17 Am17 Bb6 A7 Dm17 G9 Gm17 Am17 Bb6 B0 Gm17/C C9
- Gm17 C9 Fm17 Gm17 Am17 Bb6 A7 Dm17 G9 Gm17 Am17 Bb6 B0 Gm17/C C9

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20

21

22

23

24

25

No Pain, No Gain - 5

26 32

1st Eb Alto Sax

Eb Alto Sax

1st Bb Tenor Sax

2nd Bb Tenor Sax

Eb Baritone Sax

1st Bb Trumpet

2nd Bb Trumpet

3rd Bb Trumpet

4th Bb Trumpet

1st Trombone

2nd Trombone

3rd Trombone

4th Trombone

Guitar

Piano

Bass

Drums

BRASS - UNIS.

SHOTS

END

61544

26 27 28 29 30 31 32 33

No Pain, No Gain - 6

1st Eb Alto Sax

Eb Alto Sax

1st Bb Tenor Sax

2nd Bb Tenor Sax

Eb Baritone Sax

1st Bb Trumpet

2nd Bb Trumpet

3rd Bb Trumpet

4th Bb Trumpet

1st Trombone

2nd Trombone

3rd Trombone

4th Trombone

Guitar

Piano

Bass

Drums

61544

34

35

36

37

38

39

40

41

SOLO

Chord symbols: Bbm7, Eb9, Abma7, Bbm7, Cm7, Fm7, Dm7, G9, Gm7, C9, Fma9

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No Pain, No Gain - 8

50

1st Eb Alto Sax

Eb Alto Sax

1st Bb Tenor Sax

2nd Bb Tenor Sax

Eb Baritone Sax

1st Bb Trumpet

2nd Bb Trumpet

3rd Bb Trumpet

4th Bb Trumpet

1st Trombone

2nd Trombone

3rd Trombone

4th Trombone

Guitar

Piano

Bass

Drums

61544

50

51

52

53

54

55

56

57

Chord progression for Guitar and Piano:

- 50: F#m7, A#m7, Bbm7, Eb9
- 51: F#m7, A#m7, Bbm7, Eb9
- 52: F#m7, A#m7, Bbm7, Eb9
- 53: F#m7, A#m7, Bbm7, Eb9
- 54: Abm7, Gm7(b9), C9, A#m7, Ab9, Gm7, C9, F6, F9
- 55: Abm7, Gm7(b9), C9, A#m7, Ab9, Gm7, C9, F6, F9
- 56: Abm7, Gm7(b9), C9, A#m7, Ab9, Gm7, C9, F6, F9
- 57: Abm7, Gm7(b9), C9, A#m7, Ab9, Gm7, C9, F6, F9

No Pain, No Gain - 9

58

1st Eb Alto Sax

Eb Alto Sax

1st Bb Tenor Sax

2nd Bb Tenor Sax

Eb Baritone Sax

1st Bb Trumpet

2nd Bb Trumpet

3rd Bb Trumpet

4th Bb Trumpet

1st Trombone

2nd Trombone

3rd Trombone

4th Trombone

Guitar

Piano

Bass

Drums

BRASS BGDS.

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58

59

60

61

62

63

64

65

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BGMDS. FOR SAX SOLO

f BGMDS. FOR SAX SOLO

Bbmaj7 Bbmaj6 Amaj7 Abo Gmaj7 C7(b9) Fmaj7 Gmaj7 Amaj7 Bbmaj7 A7(b9) Dmaj7 G9 Gmaj7 Amaj7 Bbmaj7 Bo C7(b9)

Bbmaj7 Bbmaj6 Amaj7 Abo Gmaj7 C7(b9) Fmaj7 Gmaj7 Amaj7 Bbmaj7 A7(b9) Dmaj7 G9 Gmaj7 Amaj7 Bbmaj7 Bo C7(b9)

No Pain, No Gain - 10

66

1st Eb Alto Sax

Eb Alto Sax

1st Bb Tenor Sax

2nd Bb Tenor Sax

Eb Baritone Sax

1st Bb Trumpet

2nd Bb Trumpet

3rd Bb Trumpet

4th Bb Trumpet

1st Trombone

2nd Trombone

3rd Trombone

4th Trombone

Guitar

Piano

Bass

Drums

66 67 68 69 70 71 72 73

No Pain, No Gain - 11

74

1st Eb Alto Sax

Eb Alto Sax

1st Bb Tenor Sax

2nd Bb Tenor Sax

Eb Baritone Sax

1st Bb Trumpet

2nd Bb Trumpet

3rd Bb Trumpet

4th Bb Trumpet

1st Trombone

2nd Trombone

3rd Trombone

4th Trombone

Guitar

Piano

Bass

Drums

61544

74 75 76 77 78 79 80 81

Ami7 Bbm7 Eb9 E6 F6 Ami7 Bbm7 Eb9 Abma7 Ab6 Gmi7(b9) C+7(#9) C+7(b9) Ema7 Fma7 Ab9 F#mi7 Gmi7 Db9 C13(b9)

F#ma7 Ami7 Bbm7 Eb9 E6 F6 Ami7 Bbm7 Eb9 Abma7 Ab6 Gmi7(b9) C+7(#9) C+7(b9) Ema7 Fma7 Ab9 F#mi7 Gmi7 Db9 C13(b9)

ans FILL

No Pain, No Gain - 12

2.S. AL

82

1st Eb Alto Sax

Eb Alto Sax

1st Bb Tenor Sax

2nd Bb Tenor Sax

Eb Baritone Sax

1st Bb Trumpet

2nd Bb Trumpet

3rd Bb Trumpet

4th Bb Trumpet

1st Trombone

2nd Trombone

3rd Trombone

4th Trombone

Guitar

Piano

Bass

Drums

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82

83

84

85

86

87

88

89

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SOLI

SAX SOLI

END

FMA7 F6 Ami7 Bbmi7 Eb9 E6 F6 Ami7 Bbmi7 Eb9 Abma7 Ab6 Gmi7(b9) C+7(#9) C+7(b9) EMA7 FMA7 Ab9 F#mi7 Gmi7 C7(b9) F6 Cb7(b5) Bbma7

No Pain, No Gain - 13

CODA

1st Eb Alto Sax

Eb Alto Sax

1st Bb Tenor Sax

2nd Bb Tenor Sax

Eb Baritone Sax

1st Bb Trumpet

2nd Bb Trumpet

3rd Bb Trumpet

4th Bb Trumpet

1st Trombone

2nd Trombone

3rd Trombone

4th Trombone

Guitar

Piano

Bass

Drums

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90

91

92

93

94

95

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Chords: F6, Ab9, Dbma9, Gm7(bs), C+7(#9)

No Pain, No Gain - 14

1st Eb Alto Sax

Eb Alto Sax

1st Bb Tenor Sax

2nd Bb Tenor Sax

Eb Baritone Sax

1st Bb Trumpet

2nd Bb Trumpet

3rd Bb Trumpet

4th Bb Trumpet

1st Trombone

2nd Trombone

3rd Trombone

4th Trombone

Guitar

Piano

Bass

Drums

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96

97

98

99

100

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